

# THE WELL

A TRANSFORMATIONAL  
BIBLE READING JOURNEY



2022

## COME TO THE WELL

**JESUS ANSWERED,  
"EVERYONE WHO DRINKS  
THIS WATER WILL BE  
THIRSTY AGAIN, BUT  
WHOEVER DRINKS THE  
WATER I GIVE THEM WILL  
NEVER THIRST. INDEED,  
THE WATER I GIVE THEM  
WILL BECOME IN THEM A  
SPRING OF WATER WELLING  
UP TO ETERNAL LIFE."**

**JOHN 4:13-14**

# FIRST BAPTIST RICHARDSON

Welcome to First Baptist Richardson's Bible Meditation and Journaling Experience. Thank you for joining us on this journey to discipleship.

Discipleship is obedience to God's Word. Our goal is to move beyond simply *knowing* His Word and into a life of *obedience* to His Word. Jesus said in Matthew 28:19-20, *"Go, therefore, and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe everything I have commanded you."*

*The word "observe" in this passage is the Greek word "tereo," which means to obey, to keep, to continue to do, to preserve. In John 14:15, Jesus uses the same word and says, "If you love me, you will keep (tereo) my commandments."*

So, this experience is designed to be much more than just a Bible READING plan. The goal is to enter into this experience planning to answer "Yes, Lord," to what we read and hear the Lord teaching us.

# HOW TO USE YOUR JOURNAL

- Find 15-20 minutes that you can try to keep daily.
- As you read, make the following notes in your journal:

**KNOW** Record new insights, new understanding, or new revelations you've gained. What is God saying in this passage about Himself, about Jesus, about the Kingdom?

**DO** What is God calling you to do? **How will you be obedient?** Be specific and willing to write down some challenging ideas.

**GO** Who can you tell? Pray for an opportunity to share what you learned with someone new. As you meet new people this year, be on the lookout for someone who might be willing to join you in The Well.

- You'll do this reading and journaling Monday through Friday.
- At the end of each week, take just a moment or so to look back over what God has been saying to you, and your commitments to **DO** and **GO**. Pray that the Lord will give you the strength to keep those commitments.
- Each month, you'll also find a "**Meet People**" page, with ideas that will help you begin to meet new people.
- Last year we focused on meeting Jesus at *The Well* of living water each day. This year, we will *continue* to do that, as we also begin to meet new people. These habits are foundational as we move toward "*taking healing and wholeness to our community and beyond.*"

# IDEAS TO HELP YOU HAVE AN EFFECTIVE JOURNALING EXPERIENCE

- If you inadvertently skip a day or longer, don't try to go back and "catch up" by reading all the chapters you missed. When you get back to reading, just start on *that day* and determine to keep your journal going as consistently as possible.
- ***This was never intended to be a solitary experience.*** Ask another person to meet with you occasionally to discuss what God is teaching you both as you read and journal. This is the foundation for our disciple-making strategy. Share your reading and journaling experience with someone else.
- Each of our Sunday School classes and other groups should invest a brief portion of their class time allowing people to share what God has been saying to them during their weekly journaling.

We're excited to see what God has in store for us as we all join *TOGETHER* in reading the same passages each day and meditating and journaling on them. Who needs the encouragement they would receive by sharing this experience with you? I'm personally praying God will lead you to the one(s) whom He has prepared to respond to your invitation.

Need more journals to share with friends/neighbors/family members? Contact Keith Lowry at [klowry@fbcr.org](mailto:klowry@fbcr.org) or text WELL to 972-235-5296 or visit the website at [fbcr.org/thewell](http://fbcr.org/thewell)



Thank you for joining us!  
Keith Lowry, Discipleship Pastor

# JESUS AND THE WOMAN AT THE WELL

Read John 4:1-42

## **01 KNOW**

10 Jesus answered her, *"If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water."*

Jesus *WANTED* this woman to experience the living water that would produce in her eternal life. And he wants the same for you and me, and for our friends and neighbors.

## **02 DO**

I can ASK Jesus for living water, and He will supply water that will become a spring of water welling up to eternal life. I will tell others about this well of living water.

## **03 GO**

I know and will meet people in my neighborhood who are spiritually thirsty. I will tell them about the well where I have found living water and invite them to join me there.

# CREATIVE IDEAS TO MEET PEOPLE

This month try to do these activities to **meet Jesus and meet people.**

1. Volunteer in a needed area in your neighborhood or community.

**Perhaps your HOA needs representatives, or a local animal shelter needs help. You'll meet people you ordinarily would not have met.**

2. Host a "FREE HOT CHOCOLATE" event in your neighborhood.

**Have some cookies and a pot of hot chocolate for all who stop by. Take your time serving them as you engage them in conversation and get their name.**

3. Make note of the names of people you meet at places you frequent (Starbucks, grocery store, etc.)

**Perhaps you could send them a note of encouragement or a gift card for being helpful. Remembering their name is one of the best gifts you can give them!**

## **JANUARY 3 - GENESIS 1**

**01** KNOW

**02** DO

**03** GO

## **JANUARY 4 - GENESIS 2**

**01** KNOW

**02** DO

**03** GO



## **JANUARY 5 - GENESIS 3**

**01** KNOW

**02** DO

**03** GO

## **JANUARY 6 - PSALM 1**

**01** KNOW

**02** DO

**03** GO

## **JANUARY 7 - MATTHEW 1**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **JANUARY 10 - GENESIS 4**

**01** KNOW

**02** DO

**03** GO

## **JANUARY 11 - GENESIS 5**

**01** KNOW

**02** DO

**03** GO

## **JANUARY 12 - GENESIS 6**

**01** KNOW

**02** DO

**03** GO

## **JANUARY 13 - PSALM 2**

**01** KNOW

**02** DO

**03** GO

## **JANUARY 14 - MATTHEW 2**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **JANUARY 17 - GENESIS 7**

**01** KNOW

**02** DO

**03** GO

## **JANUARY 18 - GENESIS 8**

**01** KNOW

**02** DO

**03** GO

## **JANUARY 19 - GENESIS 9**

**01** KNOW

**02** DO

**03** GO

## **JANUARY 20 - PSALM 3**

**01** KNOW

**02** DO

**03** GO

## **JANUARY 21 - MATTHEW 3**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?



## **JANUARY 24 - GENESIS 10**

**01** KNOW

**02** DO

**03** GO

## **JANUARY 25 - GENESIS 11**

**01** KNOW

**02** DO

**03** GO

## **JANUARY 26- GENESIS 12**

**01** KNOW

**02** DO

**03** GO

## **JANUARY 27 - PSALM 4**

**01** KNOW

**02** DO

**03** GO

## **JANUARY 28 - MATTHEW 4**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

# CREATIVE IDEAS TO MEET PEOPLE

This month try to do these activities to  
**meet Jesus and meet people.**

1. Join your local chamber of commerce or a professional networking group.

2. See if others in your neighborhood or apartment complex have similar interests and start a club or a group.

**Maybe to play a game or a group that likes to barbecue. ·Any mutual interest can be a great way to meet people.**

3. Shop at small, local, mom & pop businesses and get to know the proprietors.

## **JANUARY 31- GENESIS 13**

**01** KNOW

**02** DO

**03** GO

## **FEBRUARY 1 - GENESIS 14**

**01** KNOW

**02** DO

**03** GO

## **FEBRUARY 2 - GENESIS 15**

**01** KNOW

**02** DO

**03** GO

## **FEBRUARY 3 - PSALM 5**

**01** KNOW

**02** DO

**03** GO

## **FEBRUARY 4 - MATTHEW 5**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **FEBRUARY 7 - GENESIS 16**

**01** KNOW

**02** DO

**03** GO

## **FEBRUARY 8 - GENESIS 17**

**01** KNOW

**02** DO

**03** GO



## **FEBRUARY 9 - GENESIS 18**

**01** KNOW

**02** DO

**03** GO

## **FEBRUARY 10 - PSALM 6**

**01** KNOW

**02** DO

**03** GO

## **FEBRUARY 11 - MATTHEW 6**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **FEBRUARY 14 - GENESIS 19**

**01** KNOW

**02** DO

**03** GO

## **FEBRUARY 15 - GENESIS 20**

**01** KNOW

**02** DO

**03** GO

## **FEBRUARY 16 - GENESIS 21**

**01** KNOW

**02** DO

**03** GO

## **FEBRUARY 17 - PSALM 7**

**01** KNOW

**02** DO

**03** GO

## **FEBRUARY 18 - MATTHEW 7**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **FEBRUARY 21 - GENESIS 22**

**01** KNOW

**02** DO

**03** GO

## **FEBRUARY 22 - GENESIS 23**

**01** KNOW

**02** DO

**03** GO

## **FEBRUARY 23 - GENESIS 24**

**01** KNOW

**02** DO

**03** GO

## **FEBRUARY 24 - PSALM 8**

**01** KNOW

**02** DO

**03** GO

## **FEBRUARY 25 - MATTHEW 8**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?



# CREATIVE IDEAS TO MEET PEOPLE

This month try to do these activities to **meet Jesus and meet people.**

## 1. Take a class!

**Sign up for a community college class or go to an art store or a ceramics studio that offers classes and meet the others in your class. Offer to get together for coffee after the class ends.**

## 2. When a new family moves into your neighborhood . . .

**Invite the neighbors you DO know to organize a simple housewarming gift/party for the new neighbors.**

## 3. Leave notes of encouragement with a small gift or snack for teachers or staff where your children go to school.

## **FEBRUARY 28 - GENESIS 25**

**01** KNOW

**02** DO

**03** GO

## **MARCH 1 - GENESIS 26**

**01** KNOW

**02** DO

**03** GO

## **MARCH 2 - GENESIS 27**

**01** KNOW

**02** DO

**03** GO

## **MARCH 3 - PSALM 9**

**01** KNOW

**02** DO

**03** GO

## **MARCH 4 - MATTHEW 9**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **MARCH 7 - GENESIS 28**

**01** KNOW

**02** DO

**03** GO

## **MARCH 8 - GENESIS 29**

**01** KNOW

**02** DO

**03** GO

**MARCH 9 - GENESIS 30**

**01** KNOW

**02** DO

**03** GO

**MARCH 10 - PSALM 10**

**01** KNOW

**02** DO

**03** GO

## **MARCH 11 - MATTHEW 10**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **MARCH 14 - GENESIS 31**

**01** KNOW

**02** DO

**03** GO

## **MARCH 15 - GENESIS 32**

**01** KNOW

**02** DO

**03** GO



## **MARCH 16 - GENESIS 33**

**01** KNOW

**02** DO

**03** GO

## **MARCH 17 - PSALM 11**

**01** KNOW

**02** DO

**03** GO

## **MARCH 18 - MATTHEW 11**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **MARCH 21 - GENESIS 34**

**01** KNOW

**02** DO

**03** GO

## **MARCH 22 - GENESIS 35**

**01** KNOW

**02** DO

**03** GO

## **MARCH 23 - GENESIS 36**

**01** KNOW

**02** DO

**03** GO

## **MARCH 24 - PSALM 12**

**01** KNOW

**02** DO

**03** GO

## **MARCH 25 - MATTHEW 12**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **MARCH 28 - GENESIS 37**

**01** KNOW

**02** DO

**03** GO

## **MARCH 29 - GENESIS 38**

**01** KNOW

**02** DO

**03** GO

**MARCH 30 - GENESIS 39**

**01** KNOW

**02** DO

**03** GO

**MARCH 31 - PSALM 13**

**01** KNOW

**02** DO

**03** GO

## **APRIL 1 - MATTHEW 13**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?



# CREATIVE IDEAS TO MEET PEOPLE

This month try to do these activities to  
**meet Jesus and meet people.**

## 1. Be a great neighbor!

**Walk often, speak to people, get to know their names, look for common interests. Remember their names. (Keep a list so you'll remember.)**

2. Offer to host a book club in your neighborhood or apartment complex.

3. Check on elderly neighbors.

## **APRIL 4 - GENESIS 40**

**01** KNOW

**02** DO

**03** GO

## **APRIL 5 - GENESIS 41**

**01** KNOW

**02** DO

**03** GO

## **APRIL 6 - GENESIS 42**

**01** KNOW

**02** DO

**03** GO

## **APRIL 7- PSALM 14**

**01** KNOW

**02** DO

**03** GO

## **APRIL 8 - MATTHEW 14**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

**APRIL 11 - LUKE 19:41-48**

**01** KNOW

**02** DO

**03** GO

**APRIL 12 - LUKE 20**

**01** KNOW

**02** DO

**03** GO

**APRIL 13 - MARK 14:12-26**

**01** KNOW

**02** DO

**03** GO

**APRIL 14 - LUKE 22:7-30**

**01** KNOW

**02** DO

**03** GO

## **APRIL 15 - LUKE 23:26-49**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **APRIL 18 - GENESIS 43**

**01** KNOW

**02** DO

**03** GO

## **APRIL 19 - GENESIS 44**

**01** KNOW

**02** DO

**03** GO



## **APRIL 20 - GENESIS 45**

**01** KNOW

**02** DO

**03** GO

## **APRIL 21 - PSALM 15**

**01** KNOW

**02** DO

**03** GO

## **APRIL 22 - MATTHEW 15**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **APRIL 25 - GENESIS 46**

**01** KNOW

**02** DO

**03** GO

## **APRIL 26 - GENESIS 47**

**01** KNOW

**02** DO

**03** GO

## **APRIL 27 - GENESIS 48**

**01** KNOW

**02** DO

**03** GO

## **APRIL 28 - PSALM 16**

**01** KNOW

**02** DO

**03** GO

## **APRIL 29 - MATTHEW 16**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

# CREATIVE IDEAS TO MEET PEOPLE

This month try to do these activities to **meet Jesus and meet people.**

1. Frequent neighbors' yard sales and get to know the homeowners.
2. Put up a lending library nook, along with a bench or a few chairs in a shady spot in your front yard.
3. Walk to pick up your child from school so that you can chat with other parents.

## **MAY 2 - GENESIS 49**

**01** KNOW

**02** DO

**03** GO

## **MAY 3 - GENESIS 50**

**01** KNOW

**02** DO

**03** GO

## **MAY 4 - EXODUS 1**

**01** KNOW

**02** DO

**03** GO

## **MAY 5 - PSALM 17**

**01** KNOW

**02** DO

**03** GO



## **MAY 6 - MATTHEW 17**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **MAY 9 - EXODUS 2**

**01** KNOW

**02** DO

**03** GO

## **MAY 10 - EXODUS 3**

**01** KNOW

**02** DO

**03** GO

## **MAY 11 - EXODUS 4**

**01** KNOW

**02** DO

**03** GO

## **MAY 12 - PSALM 18**

**01** KNOW

**02** DO

**03** GO

## **MAY 13 - MATTHEW 18**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **MAY 16 - EXODUS 5**

**01** KNOW

**02** DO

**03** GO

## **MAY 17 - EXODUS 6**

**01** KNOW

**02** DO

**03** GO

## **MAY 18 - EXODUS 7**

**01** KNOW

**02** DO

**03** GO

## **MAY 19 - PSALM 19**

**01** KNOW

**02** DO

**03** GO

## **MAY 20 - MATTHEW 19**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **MAY 23 - EXODUS 8**

**01** KNOW

**02** DO

**03** GO

## **MAY 24 - EXODUS 9**

**01** KNOW

**02** DO

**03** GO



**MAY 25 - EXODUS 10**

**01** KNOW

**02** DO

**03** GO

**MAY 26 - PSALM 20**

**01** KNOW

**02** DO

**03** GO

## **MAY 27 - MATTHEW 20**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

# CREATIVE IDEAS TO MEET PEOPLE

This month try to do these activities to **meet Jesus and meet people.**

## 1. Make a choice to sit out front!

So that you can say "hi" to people walking by. If you have a calm/friendly dog, have your dog in your lap or on a leash. People are often drawn into conversations by a cute pet.

## 2. Start a walking/running group and invite your neighbors to attend.

## 3. Host a neighborhood party or street gathering.

See [www.natw.org](http://www.natw.org) for great ideas for a national night out party. Aug. 2nd is designated as National Night Out in 2022. Plan ahead and get invitations to your whole neighborhood. Some of your neighbors would probably help to plan this event.

## **MAY 30 - EXODUS 11**

**01** KNOW

**02** DO

**03** GO

## **MAY 31 - EXODUS 12**

**01** KNOW

**02** DO

**03** GO

## **JUNE 1 - EXODUS 13**

**01** KNOW

**02** DO

**03** GO

## **JUNE 2 - PSALM 21**

**01** KNOW

**02** DO

**03** GO

## **JUNE 3 - MATTHEW 21**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **JUNE 6 - EXODUS 14**

**01** KNOW

**02** DO

**03** GO

## **JUNE 7 - EXODUS 15**

**01** KNOW

**02** DO

**03** GO

## **JUNE 8 - EXODUS 16**

**01** KNOW

**02** DO

**03** GO

## **JUNE 9 - PSALM 22**

**01** KNOW

**02** DO

**03** GO



## **JUNE 10 - MATTHEW 22**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **JUNE 13 - EXODUS 17**

**01** KNOW

**02** DO

**03** GO

## **JUNE 14 - EXODUS 18**

**01** KNOW

**02** DO

**03** GO

## **JUNE 15 - EXODUS 19**

**01** KNOW

**02** DO

**03** GO

## **JUNE 16 - PSALM 23**

**01** KNOW

**02** DO

**03** GO

## **JUNE 17 - MATTHEW 23**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **JUNE 20 - EXODUS 20**

**01** KNOW

**02** DO

**03** GO

## **JUNE 21 - EXODUS 21**

**01** KNOW

**02** DO

**03** GO

## **JUNE 22 - EXODUS 22**

**01** KNOW

**02** DO

**03** GO

## **JUNE 23 - PSALM 24**

**01** KNOW

**02** DO

**03** GO

## **JUNE 24 - MATTHEW 24**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **JUNE 27 - EXODUS 23**

**01** KNOW

**02** DO

**03** GO

## **JUNE 28 - EXODUS 24**

**01** KNOW

**02** DO

**03** GO



## **JUNE 29 - EXODUS 25**

**01** KNOW

**02** DO

**03** GO

## **JUNE 30 - PSALM 25**

**01** KNOW

**02** DO

**03** GO

## **JULY 1 - MATTHEW 25**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

# CREATIVE IDEAS TO MEET PEOPLE

This month try to do these activities to **meet Jesus and meet people.**

## 1. Bring your grill into the front yard!

**Grill some hot dogs or burgers on a Saturday. Plan to have enough to share. Invite neighbors to a simple/informal July 4th gathering in your front yard.**

2. Host a neighborhood popsicle party or have a popsicle stand instead of a lemonade stand.

3. Give a welcome basket or note to new neighbors with your contact info.

## **JULY 4 - EXODUS 26**

**01** KNOW

**02** DO

**03** GO

## **JULY 5 - EXODUS 27**

**01** KNOW

**02** DO

**03** GO

## **JULY 6 - EXODUS 28**

**01** KNOW

**02** DO

**03** GO

## **JULY 7 - PSALM 26**

**01** KNOW

**02** DO

**03** GO

## **JULY 8 - MATTHEW 26**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **JULY 11 - EXODUS 29**

**01** KNOW

**02** DO

**03** GO

## **JULY 12 - EXODUS 30**

**01** KNOW

**02** DO

**03** GO

## **JULY 13 - EXODUS 31**

**01** KNOW

**02** DO

**03** GO

## **JULY 14 - PSALM 27**

**01** KNOW

**02** DO

**03** GO



## **JULY 15 - MATTHEW 27**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **JULY 18 - EXODUS 32**

**01** KNOW

**02** DO

**03** GO

## **JULY 19 - EXODUS 33**

**01** KNOW

**02** DO

**03** GO

## **JULY 20 - EXODUS 34**

**01** KNOW

**02** DO

**03** GO

## **JULY 21- PSALM 28**

**01** KNOW

**02** DO

**03** GO

## **JULY 22 - MATTHEW 28**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **JULY 25 - EXODUS 35**

**01** KNOW

**02** DO

**03** GO

## **JULY 26 - EXODUS 36**

**01** KNOW

**02** DO

**03** GO

## **JULY 27 - EXODUS 37**

**01** KNOW

**02** DO

**03** GO

## **JULY 28 - PSALM 29**

**01** KNOW

**02** DO

**03** GO

## **JULY 29 - MARK 1**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

# CREATIVE IDEAS TO MEET PEOPLE

This month try to do these activities to **meet Jesus and meet people.**

1. At restaurants, call your server by their name.

**Before you pray over your meal, ask your server how you can pray for them. (Pro tip: Next time you're at that restaurant, ask to be seated where that same server is working, and remember to ask them about the prayer request. Example: "How's your daughter doing in her new job?")**

2. When waiting . . .

**In the grocery line, doctor's office, activity pick-up, put any personal distractions away and look around and see if there are people around with whom you can begin a conversation.**

3. Offer to bring a snack/treat to the admin staff or for the teachers' lounge.



## **AUGUST 1 - EXODUS 38**

**01** KNOW

**02** DO

**03** GO

## **AUGUST 2 - EXODUS 39**

**01** KNOW

**02** DO

**03** GO

## **AUGUST 3 - EXODUS 40**

**01** KNOW

**02** DO

**03** GO

## **AUGUST 4 - PSALM 30**

**01** KNOW

**02** DO

**03** GO

## **AUGUST 5 - MARK 2**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **AUGUST 8 - NUMBERS 1**

**01** KNOW

**02** DO

**03** GO

## **AUGUST 9 - NUMBERS 2**

**01** KNOW

**02** DO

**03** GO

## **AUGUST 10 - NUMBERS 3**

**01** KNOW

**02** DO

**03** GO

## **AUGUST 11 - PSALM 31**

**01** KNOW

**02** DO

**03** GO

## **AUGUST 12 - MARK 3**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **AUGUST 15 - NUMBERS 4**

**01** KNOW

**02** DO

**03** GO

## **AUGUST 16 - NUMBERS 5**

**01** KNOW

**02** DO

**03** GO

## **AUGUST 17 - NUMBERS 6**

**01** KNOW

**02** DO

**03** GO

## **AUGUST 18 - PSALM 32**

**01** KNOW

**02** DO

**03** GO



## **AUGUST 19 - MARK 4**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **AUGUST 22 - NUMBERS 7**

**01** KNOW

**02** DO

**03** GO

## **AUGUST 23 - NUMBERS 8**

**01** KNOW

**02** DO

**03** GO

## **AUGUST 24 - NUMBERS 9**

**01** KNOW

**02** DO

**03** GO

## **AUGUST 25 - PSALM 33**

**01** KNOW

**02** DO

**03** GO

## **AUGUST 26 - MARK 5**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **AUGUST 29 - NUMBERS 10**

**01** KNOW

**02** DO

**03** GO

## **AUGUST 30 - NUMBERS 11**

**01** KNOW

**02** DO

**03** GO

## **AUGUST 31 - NUMBERS 12**

**01** KNOW

**02** DO

**03** GO

## **SEPTEMBER 1 - PSALM 34**

**01** KNOW

**02** DO

**03** GO

## **SEPTEMBER 2 - MARK 6**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

# CREATIVE IDEAS TO MEET PEOPLE

This month try to do these activities to  
**meet Jesus and meet people.**

1. If your kids are in school . . .

**Offer to bring your child's teacher lunch or an after-school treat.**

2. Hand out sidewalk chalk to  
neighbors.

**Encourage everyone to write friendly/encouraging messages on the sidewalk.**

3. Start talking to people at a nearby  
dog park when you take your pet.

**We made great friends at a local dog park where we lived, and at first, we only knew our new friends by their pet's name. "There's Harley's mom!" We developed great friendships that lasted for years.**



## **SEPTEMBER 5 - NUMBERS 13**

**01** KNOW

**02** DO

**03** GO

## **SEPTEMBER 6 - NUMBERS 14**

**01** KNOW

**02** DO

**03** GO

## **SEPTEMBER 7 - NUMBERS 15**

**01** KNOW

**02** DO

**03** GO

## **SEPTEMBER 8 - PSALM 35**

**01** KNOW

**02** DO

**03** GO

## **SEPTEMBER 9 - MARK 7**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **SEPTEMBER 12 - NUMBERS 16**

**01** KNOW

**02** DO

**03** GO

## **SEPTEMBER 13 - NUMBERS 17**

**01** KNOW

**02** DO

**03** GO

## **SEPTEMBER 14 - NUMBERS 18**

**01** KNOW

**02** DO

**03** GO

## **SEPTEMBER 15 - PSALM 36**

**01** KNOW

**02** DO

**03** GO

## **SEPTEMBER 16 - MARK 8**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **SEPTEMBER 19 - NUMBERS 19**

**01** KNOW

**02** DO

**03** GO

## **SEPTEMBER 20 - NUMBERS 20**

**01** KNOW

**02** DO

**03** GO

## **SEPTEMBER 21 - NUMBERS 21**

**01** KNOW

**02** DO

**03** GO

## **SEPTEMBER 22 - PSALM 37**

**01** KNOW

**02** DO

**03** GO



## **SEPTEMBER 23 - MARK 9**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **SEPTEMBER 26 - NUMBERS 22**

**01** KNOW

**02** DO

**03** GO

## **SEPTEMBER 27 - NUMBERS 23**

**01** KNOW

**02** DO

**03** GO

## **SEPTEMBER 28 - NUMBERS 24**

**01** KNOW

**02** DO

**03** GO

## **SEPTEMBER 29 - PSALM 38**

**01** KNOW

**02** DO

**03** GO

## **SEPTEMBER 30 - MARK 10**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

# CREATIVE IDEAS TO MEET PEOPLE

This month try to do these activities to **meet Jesus and meet people.**

1. Kids can invite classmates or friends to do something outside of school.

2. Host a Pumpkin Spice Tea stand to meet your neighbors.

**Or invite your neighbors to get together for a neighborhood pumpkin decorating contest.**

3. Join your neighborhood school's PTA.

## **OCTOBER 3 - NUMBERS 25**

**01** KNOW

**02** DO

**03** GO

## **OCTOBER 4 - NUMBERS 26**

**01** KNOW

**02** DO

**03** GO

## **OCTOBER 5 - NUMBERS 27**

**01** KNOW

**02** DO

**03** GO

## **OCTOBER 6 - PSALM 39**

**01** KNOW

**02** DO

**03** GO

## **OCTOBER 7 - MARK 11**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?



## **OCTOBER 10 - NUMBERS 28**

**01** KNOW

**02** DO

**03** GO

## **OCTOBER 11 - NUMBERS 29**

**01** KNOW

**02** DO

**03** GO

## **OCTOBER 12 - NUMBERS 30**

**01** KNOW

**02** DO

**03** GO

## **OCTOBER 13 - PSALM 40**

**01** KNOW

**02** DO

**03** GO

## **OCTOBER 14 - MARK 12**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **OCTOBER 17 - NUMBERS 31**

**01** KNOW

**02** DO

**03** GO

## **OCTOBER 18 - NUMBERS 32**

**01** KNOW

**02** DO

**03** GO

## **OCTOBER 19 - NUMBERS 33**

**01** KNOW

**02** DO

**03** GO

## **OCTOBER 20 - PSALM 41**

**01** KNOW

**02** DO

**03** GO

## **OCTOBER 21 - MARK 13**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **OCTOBER 24 - NUMBERS 34**

**01** KNOW

**02** DO

**03** GO

## **OCTOBER 25 - NUMBERS 35**

**01** KNOW

**02** DO

**03** GO

## **OCTOBER 26 - NUMBERS 36**

**01** KNOW

**02** DO

**03** GO

## **OCTOBER 27 - PSALM 42**

**01** KNOW

**02** DO

**03** GO



## **OCTOBER 28 - MARK 14**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

# CREATIVE IDEAS TO MEET PEOPLE

This month try to do these activities to **meet Jesus and meet people.**

## 1. Have your kids make a card . . .

Or color a picture with an encouraging note and take it to a neighbor or to someone that helps in a store.

## 2. "THINGS WE'RE THANKFUL FOR"

Put up a whiteboard or chalkboard in your front yard with the heading "THINGS WE'RE THANKFUL FOR" and invite neighbors to write on it. Be sure to get a photo of all the "thanksgivings" and share it!

## 3. FOOTBALL

Invite the guys in your neighborhood to watch a good college football game on a Saturday morning or afternoon. Bring your big TV into the garage and enjoy the cool weather with warm cider/coffee and comfy chairs. Encourage them all to wear their school colors.

## **OCTOBER 31 - DEUTERONOMY 1**

**01** KNOW

**02** DO

**03** GO

## **NOVEMBER 1 - DEUTERONOMY 2**

**01** KNOW

**02** DO

**03** GO

## **NOVEMBER 2 - DEUTERONOMY 3**

**01** KNOW

**02** DO

**03** GO

## **NOVEMBER 3 - PSALM 43**

**01** KNOW

**02** DO

**03** GO

## **NOVEMBER 4 - MARK 15**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **NOVEMBER 7 - DEUTERONOMY 4**

**01** KNOW

**02** DO

**03** GO

## **NOVEMBER 8 - DEUTERONOMY 5**

**01** KNOW

**02** DO

**03** GO

## **NOVEMBER 9 - DEUTERONOMY 6**

**01** KNOW

**02** DO

**03** GO

## **NOVEMBER 10 - PSALM 44**

**01** KNOW

**02** DO

**03** GO

## **NOVEMBER 11 - MARK 16**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?



## **NOVEMBER 14 - DEUTERONOMY 7**

**01** KNOW

**02** DO

**03** GO

## **NOVEMBER 15 - DEUTERONOMY 8**

**01** KNOW

**02** DO

**03** GO

## **NOVEMBER 16 - DEUTERONOMY 9**

**01** KNOW

**02** DO

**03** GO

## **NOVEMBER 17 - PSALM 45**

**01** KNOW

**02** DO

**03** GO

## **NOVEMBER 18 - LUKE 1**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **NOVEMBER 21 - DEUTERONOMY 10**

**01** KNOW

**02** DO

**03** GO

## **NOVEMBER 22 - DEUTERONOMY 11**

**01** KNOW

**02** DO

**03** GO

## **NOVEMBER 23 - DEUTERONOMY 12**

**01** KNOW

**02** DO

**03** GO

## **NOVEMBER 24 - PSALM 46/PSALM 100:1-5**

**01** KNOW

**02** DO

**03** GO

## **NOVEMBER 25 - LUKE 2**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

# CREATIVE IDEAS TO MEET PEOPLE

This month try to do these activities to **meet Jesus and meet people.**

1. Offer a free gift-wrapping service on certain afternoons/evenings.

**As people wait for their packages to be wrapped, engage them in conversation.**

2. Organize a neighborhood carol singing.

**People can just gather in one spot in your neighborhood and sing. (Invite your neighbors to come and listen and/or sing.) Or a group can walk through the neighborhood singing Christmas carols.**

3. Offer to help an elderly person or couple with purchasing/wrapping gifts for their family.

**Or bless an elderly couple with some Christmas decorations/snacks.**

## **NOVEMBER 28 - DEUTERONOMY 13**

**01** KNOW

**02** DO

**03** GO

## **NOVEMBER 29 - DEUTERONOMY 14**

**01** KNOW

**02** DO

**03** GO



## **NOVEMBER 30 - DEUTERONOMY 15**

**01** KNOW

**02** DO

**03** GO

## **DECEMBER 1 - PSALM 47**

**01** KNOW

**02** DO

**03** GO

## **DECEMBER 2 - LUKE 3**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **DECEMBER 5 - DEUTERONOMY 16**

**01** KNOW

**02** DO

**03** GO

## **DECEMBER 6 - DEUTERONOMY 17**

**01** KNOW

**02** DO

**03** GO

## **DECEMBER 7 - DEUTERONOMY 18**

**01** KNOW

**02** DO

**03** GO

## **DECEMBER 8 - PSALM 48**

**01** KNOW

**02** DO

**03** GO

## **DECEMBER 9 - LUKE 4**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **DECEMBER 12 - DEUTERONOMY 19**

**01** KNOW

**02** DO

**03** GO

## **DECEMBER 13 - DEUTERONOMY 20**

**01** KNOW

**02** DO

**03** GO

## **DECEMBER 14 - DEUTERONOMY 21**

**01** KNOW

**02** DO

**03** GO

## **DECEMBER 15 - PSALM 49**

**01** KNOW

**02** DO

**03** GO

## **DECEMBER 16 - LUKE 5**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?



**DECEMBER 19 - ISAIAH 9:6**

**01** KNOW

**02** DO

**03** GO

**DECEMBER 20 - JOHN 1:14**

**01** KNOW

**02** DO

**03** GO

## **DECEMBER 21 - MATTHEW 1:18-25**

**01** KNOW

**02** DO

**03** GO

## **DECEMBER 22 - ISAIAH 7:14**

**01** KNOW

**02** DO

**03** GO

## **DECEMBER 23 - LUKE 2:1-20**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

## **DECEMBER 26 - ISAIAH 43:18-19**

**01** KNOW

**02** DO

**03** GO

## **DECEMBER 27 - 2 CORINTHIANS 5:17**

**01** KNOW

**02** DO

**03** GO

## **DECEMBER 28 - JEREMIAH 29:11-14**

**01** KNOW

**02** DO

**03** GO

## **DECEMBER 29 - LAMENTATIONS 3:21-26**

**01** KNOW

**02** DO

**03** GO

## **DECEMBER 30 - PHILIPPIANS 3:12-14**

**01** KNOW

**02** DO

**03** GO

### **HIGHLIGHTS OF THE WEEK**

What's one thing you could share with someone from your reading this week?

Who do you know who needs to hear this message of healing and wholeness?

# MY 2022 INTENTIONAL CONNECTIONS LIST

THESE ARE PEOPLE I MET THIS YEAR. I AM COMMITTED TO PRAYING FOR THEM. I WILL PRAY THAT THE HOLY SPIRIT PROVIDES CLEAR AND OBVIOUS OPPORTUNITIES FOR ME TO INVITE THEM TO READ AND JOURNAL WITH ME.

1. \_\_\_\_\_ 7. \_\_\_\_\_

2. \_\_\_\_\_ 8. \_\_\_\_\_

3. \_\_\_\_\_ 9. \_\_\_\_\_

4. \_\_\_\_\_ 10. \_\_\_\_\_

5. \_\_\_\_\_ 11. \_\_\_\_\_

6. \_\_\_\_\_ 12. \_\_\_\_\_

FIRST BAPTIST  
RICHARDSON



THIS JOURNAL BELONGS TO:

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