



I am so glad that you are considering prayer walking. Our connection to God through the obedience of prayer is one of the deepest connections that we have with him. Our connection of prayer with God is so deep that in Romans it says the following.

Romans 8:26 *"Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words."*

That is a deep connection!

The beauty of taking that connection and using it to intercede for those around you is a pivotal part of a growing disciple's life. When we begin to see the Mission of God for all of mankind and we choose to participate in that, we begin to grow in ways that we never thought of. Consider the following scriptures and what they say about praying for others.

Romans 10:1 *"Brethren, my heart's desire and my prayer to God for them is for their salvation".*

Do you desire the salvation of others?

1 Timothy 2:1-4 *"First of all, then, I urge that entreaties and prayers, petitions and thanksgivings, be made on behalf of all men, for kings and all who are in authority, so that we may lead a tranquil and quiet life in all godliness and dignity. This is good and acceptable in the sight of God our Savior, who desires all men to be saved and to come to the knowledge of the truth".*

Praying for others is "good and acceptable in the sight of our Savior" This is the type of life that I want to live. I hope that you will join me in living this life as well.

As you begin your prayer walking journey think of the following quote:
"You are never more like Jesus than when you pray for others. Pray for this hurting world."
— Max Lucado

Good Luck on your prayer journey! Know that I am praying for you as you pray for others!

Ron

Where to begin?

First thing that we should begin with is this: ASK GOD where he wants you to be. Below is a small list of ideas of places for you to begin prayer walking. However, be reminded that this is God's Mission, so we want to be where He wants us to be. So, before you begin ASK

Places to Prayer-Walk...

1. Your neighborhood/Community
2. The place God leads you to serve in outreach
3. Schools/University
4. Workplace
5. Government centers
6. Shopping Centers/Malls
7. High place to oversee the city Places
8. Areas of historic significance
9. Sports facilities
10. Parks
11. Churches
12. City services locations

Scripture tells us "For where two or three are gathered in My name, there am I among them." Matthew 18:20. Not to say that you cannot prayer walk alone, however gathering another person or two along with you has many benefits.

With Whom Could I Prayer-Walk?

1. Your family
2. Your community groups
3. Bible Study group
4. Your friends
5. Your fellow Christian neighbors
6. Co-workers

Some preparation ideas

1. Either have scripture memorized beforehand or have a way of bringing it with you. This can be your bible or a piece of paper that you write on. Praying scripture is one of my favorite ways to prayer walk. Consider, knowing the context of the location so that you can find scripture to specifically pray over the area you are walking.
2. Sometimes it is good to have music. This can put you in a space of worship and prepare your heart for what you are about to do.
3. Decide when you are going to go. It has been my experience that if I have a set time, I will be more consistent. Seems like saying you're going to do it is never better than planning for it. (ex. I am going to walk the dog and pray for my neighborhood every evening at 7:00)
4. Plan your route and know the names and places of those on your route. Sign up for www.blesseveryhome.com to get the updated information on your neighborhood if you do not know.
5. If you see a someone "Say Hi!" as you consistently walk you will get to see some people often and there may be a chance to do more than just say hi.
6. Walk as a family. Teach your children to pray for those around them as well. This helps to create a culture of prayer in your family.
7. Make it fun! While prayer is the most important connection that we have with God, making it fun will help with your personal walk, especially if you are taking the family along with you.
8. Don't always take someone along. Sometimes a walk by yourself in a real contemplative manner can open your heart to hear things that you might not have heard with the distractions of others.

Things to Pray for

1. Pray for God to Reveal
 - a. His heart for the community. What does God want to see happen in this community?
 - b. Who is He revealing Himself to? Who is that person in the community that God is speaking to? I call them a “person of peace”.
 - c. What are the barriers to the gospel? What are some physical and spiritual things that are obstacles to the gospel? It can be a physical place such as a bar or hangout. Or spiritual things like a spirit of loneliness, isolation, or hatred. Ask God to show you these things so that you can begin praying against them. Remember what Paul says: ¹² For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. *Ephesians 6:12*
2. Pray for God to Renew
 - a. Renew your faith. That you would believe that He can move in your community.
 - b. Renew the family, so many families are struggling. Ask God to renew the strength of the family unit that they may come together.
 - c. Renew the faith of those that have lost it. The past couple of years have been particularly hard on individuals and families. Many are struggling to have faith in God.
 - d. Renew the strength of the community. When communities come together to face challenges it builds up the community and those that are in it.
3. Pray for Revival
 - a. Pray and ask God for Revival in your heart. Maybe you have been struggling yourself. When we do sometimes, we have a tendency to move away from the truths of God. Ask God to show you in your own heart where you need revival.
 - b. Pray and ask God what revival would look like in your community. Most of the time this starts with one person. That prayer time may be split between the larger community and the person of peace that God has led you to.
 - c. Ask God how you can serve your community in this time of revival. Again, this may be the whole community, but it just as well may be one person or family to start with.
 - d. Pray for God’s will in the community. We can DO a whole lot of things that are good. However, God has a plan, and it is HIS mission for your community. Pray for that Mission/ Will.